

The logo for Kauai Island Club, featuring the name 'Kauai Island' in a white, elegant script font, with the word 'CLUB' in a smaller, white, all-caps sans-serif font positioned directly below it.

Kauai Island.
CLUB

Sasanqua Spa

THE EXPERIENCE

Characterized by a highly individualized approach and inspired by the surrounding waterways, Sasanqua Spa at the Kiawah Island Club sits secluded overlooking the marsh, and leaves guests feeling relaxed and restored. Developed by acclaimed designer Clodagh, whose signature aesthetic takes inspiration from her native Ireland, the facility is structured to support the physical and mental well-being of those inside.

THE SERVICE

Members indulge in the Spa's signature treatments, each devised from the best practices and ingredients, reflecting Kiawah's qualities. Experience the Island's unrivaled natural beauty from each of the treatment rooms, salon or while relaxing in one of the outdoor whirlpools. Or find respite from the everyday in one of the Spa's two steam showers, dry saunas, four rain showers, or relaxation areas.







MESSAGE COLLECTION

Our collection of massages and body treatments feature classic techniques combined with an array of enhancements to elevate your experience. Whether you choose a more relaxing type of service or are looking for therapeutic relief from a recent injury, our highly trained therapists are here to assist you in customizing a treatment plan to address your specific needs. Using only the finest ingredients each service will leave you feeling rejuvenated in body, mind and spirit.

Sasanqua Sea Escape Massage

A transformational spa experience from head-to-toe starting with a scalp treatment, including a full body massage with warm stones, and finishing with a foot treatment. You will feel completely relaxed and grounded with the benefit of melting away any accumulated stress and tension.
90 min

Kiawah Classic Massage

A customized classic massage with light to medium pressure for your pure relaxation. Swedish massage techniques increase blood flow, reduce stress, relieve pain, ease movement, and strengthen your immune system.
60 min / 90 min

Kiawah Deep Muscle Relieve & Repair

A results-driven massage with firm pressure concentrated to address specific areas of muscle tension within your body. Ideal for any type of chronic pain or injury recovery for a more therapeutic approach to your healing.
60 min / 90 min

Ashiatsu

“Ashi” translates to foot and “Atsu” to pressure in Japanese. Incorporating overhead hanging bars your therapist applies broad, deep and consistent pressure with their barefeet and body weight. Combining Ashiatsu with classic Swedish strokes this unique technique works further into the fascia adding the benefit of compression taking your massage to a whole other level.
60/90 minutes (scrub, mask & massage)

Mom-To-Be

Your therapist will gently guide you into a pregnancy pillow allowing you to settle into a comfortable position. Recommended after your first trimester to reduce muscle aches, ease swelling and improve circulation – relieving many of the physical discomforts associated with pregnancy.
60 min / 90 min

Performance Stretching

Assisted stretching which gives you a deeper stretch than you could achieve on your own. This treatment works the muscles and connective tissue that surround the joints for increased range of movement and improved flexibility. Recommended for athletes to reduce injury risk.
30 min

Targeted Massage

A quick tune-up focused on specific targeted areas of your most concern.
30 min

Full Bloom

Experience life in full bloom with Sasanqua’s newest signature body treatment designed to provide you the maximum benefits of your chosen flower essence utilizing 3 layers of LOTUSWEI products. Beginning with an uplifting aura mist you will immediately soften into a state of bliss as you then relax into your full body massage using the healing powers of a hand-crafted flower essence oil. As your hands and feet are anointed by a luxurious flower essence anointing oil infused with a gemstone you will feel lighter, brighter and ready to bloom!
90 min

MESSAGE COLLECTION

MASSAGE ENHANCEMENTS AND TARGETED OFFERINGS

These enhancement options are included in your scheduled massage and add no additional time.

CBD Therapeutic Treatment

Enhances your treatment by eliminating pain due to its anti-inflammatory properties and is beneficial in reducing stress, soothing tired and sore muscles while calming the mind.

Cryosphere Therapy

A restoration and prevention tool intended to support muscle recovery for pre and post workouts. Relieves muscle pain, tightness, inflammation, and soreness from knots.

Warm Stones

Heated basalt stones aids depth to your massage allowing for intense muscle relaxation and relief from tension and pain. Promotes relaxation and better sleep for next-level indulgent therapy.

Knesko Collagen Mask - Lip, Eye, and Face

These gem-infused masks are packed with nature's bountiful and powerful ingredients to revitalize, brighten, and hydrate your skin, while nourishing your mind and spirit.

Foot Treatment

Includes a nourishing sugar and invigorating sea salt scrub to remove dead skin and smooth rough spots followed by an application of a hydrating balm infused with rich and soothing shea butter to soften your feet.

Scalp Treatment

A scalp massage that applies marma point therapy to awaken intelligence and balance emotions. Wildflower Ultralight Oil, an all-natural dry oil visibly nourishes and hydrates your scalp and hair leaving a non-greasy, satin finish.

Flower Essence

Infuse your treatment with a flower essence massage oil of your choice to harmonize imbalances between mind-body. Assists with magnifying the positive qualities you seek while dissolving the effects of stress.







Botanical Enzyme Body Peel

This fragrant body treatment is especially beneficial for dry skin to gently exfoliate and hydrate your skin. Your scent journey begins with a Mango Enzyme wrap containing lactic and glycolic acid infused with vitamins to relieve clogged pores and smooth the appearance of wrinkles. A luscious full body massage with a Monoi body cream containing an exclusive anti-aging Argan Stem Cell Complex hydrates, plumps and firms the appearance of your skin.

60 minutes (wrap & massage)

Skin Recovery

A perfect choice for when you want to repair dry skin, reduce redness and lock in moisture. This body treatment begins with a detoxifying Stone Crop Restorative wrap. A naturally healing Stone Crop Body Lotion is used during the massage to visibly reduce the appearance of unevenness to leave your skin looking years younger.

60 minutes (wrap & massage)

Brightening and Smoothing Scrub

A full body scrub and massage with the healing benefits of the Stone Crop products to brighten and smooth your skin. The body scrub polishes your skin with the hydrating qualities of sugar and the invigorating benefits of salt with the added booster of antioxidants that restore the look of radiance. Enjoy a mist with a Lime Refreshing Tonique rich in vitamin C from freshly squeezed lime juice prior to your massage. A truly hydrating experience suitable for all skin types and specifically for anyone with uneven skin tones.

60 minutes (scrub & massage)

Diamond Body Polish

Dare to renew yourself. Dive into this indulging texture and reveal baby-soft skin with the exfoliating marvel of Dead Sea salt crystals and rice powder. This treatment comes complete with a customized aromatherapy massage leaving your mind, body, and skin restored with a rejuvenated level of energy.

60 minutes (scrub & massage)

Diamond Well Living Ritual

Prepare yourself for an unparalleled sensorial experience. Surrender and re-emerge with amazingly soft, supple skin. From head to toe you will feel the exfoliating benefits of Dead Sea salt crystals and rice powder. Drift away as a hydrating mask is applied and you are enveloped into a full body wrap, followed by a relaxing scalp massage for reduced tension and relaxation of the nervous system. After the mask is removed, a customized application of a nourishing oil completes this journey leaving your skin revived, hydrated, ultra-smooth, and luminous.

90 minutes (scrub, mask & massage)



FACIAL COLLECTION

The Kiawah signature collection of facials include the use of organic ingredients that are both good for your skin and good for the earth. A licensed Esthetician performs a thorough analysis of your skin to determine which products will deliver the best results. Your facial is as unique as your skin and designed to provide a completely relaxing experience.

Signature Organic

The Kiawah Organic Facial utilizes Eminence Organics quality ingredients to bring out the best in your skin by offering products free from harsh cosmetic chemicals. A completely customizable facial for all skin types to brighten, firm and leave your skin feeling smooth and rejuvenated.
60 min / 90 min

Facial Fusion

Try the Fusion for the perfect opportunity to combine a facial and a massage performed by the skilled hands of your Esthetician. This refreshing facial includes a face, scalp, neck, shoulder, arm, hand and foot massage.
60 min

Refreshing

A treatment designed especially for teens to cleanse, exfoliate and hydrate your skin. Special attention is focused on bringing your skin back into balance for a healthy and overall glow.
30 min

Gentleman's Facial

A deep cleansing and therapeutic facial that includes extractions. Your Esthetician will address common skin care concerns such as razor burn, sensitivity from shaving, and pore refinement. A truly relaxing experience complete with a neck and shoulder massage.
60 min / 90 min



ADVANCED FACIAL COLLECTION

For seekers of the latest technology and the most luxurious services, this advanced collection of facials delivers effective and immediate results. Your skin will noticeably look and feel more youthful, refreshed and energized.



Hydrafacial

An advanced facial that incorporates patented technology to effectively purify, nourish and protect your skin at the deepest layers of the epidermis. A personalized experience for remarkable results that diminishes fine lines and wrinkles, improves firmness, and smooths texture. You will be able to immediately see an improved even and radiant tone to your skin.

30 min / 60 min / 90 min

Diamond Energy

Indulge in an exclusively curated anti-aging ritual from the iconic Diamond Collection. Delivered through expert techniques, this treatment is designed to rejuvenate dull skin caused by environmental stressors and damage, leaving you with a luminous complexion and the appearance of a more defined facial contour.

60 min / 90 min

Inhibit Face Lift

This advanced facial treatment is the ideal alternative or compliment to invasive beauty treatments. Due to its effective filling results, this lifting treatment diminishes expression lines, firms and hydrates, leaving your skin completely rejuvenated.

90 min

Dermaflash

Safe and gentle superior anti-aging exfoliation and peach fuzz removal using patented sonic technology. Enhances results from Hydrafacial or stand-alone this treatment also stimulates microcirculation while improving skin texture and tone.

30 min

FACIAL ENHANCEMENTS

These enhancement options are included in your scheduled facial and add no additional time.

Eminence Mangosteen Lactic Pro Peel 10%

Experience immediate results with this professional-only lactic acid peel. Provides a complete surface and pore-refining treatment by removing impurities and dead skin cells while smoothing the look of your skin. A self-neutralizing and non-irritating revitalizing peel suitable even for sensitive skin.

CBD Target Treatment

Enhances your treatment by eliminating pain due to its anti-inflammatory properties and is beneficial in reducing stress while calming the mind.

Gua Sha Stone

Adding this technique into your facial helps to relieve muscle tension, boost blood circulation, and promote lymphatic drainage.

Perk Eye/Perk Lip

Available with Hydrafacial only these add-ons to your facial provide an extra boost to these delicate areas.



SALON SERVICES

The perfect complement to your Spa experience.
Our full-service Salon offers a variety of options.

HAIR SERVICES

Women's Haircut

Men's Haircut

Child's Haircut (Age 10 & Under)

Shampoo with Blow-dry

Color Touch-up

Full Highlights

Partial Highlights

Full Keratin Smoothing Treatment

HAIR SERVICE ENHANCEMENTS

Bang Trim

Brow Tinting

Face Framing Highlights

Gloss

Hair Masque

Hot Tools

WAXING SERVICES

Eyebrow Shaping

Lash Tinting

Chin

Lip

Underarm

Back

Bikini

Half Leg

Full Leg



NAIL SERVICES

Enjoy the beautiful views of the Marsh while an experienced Nail Technician rejuvenates your hands and feet.

*Please inform our team if you currently have gel or dip polish to account for additional time during your service.

Polish Change

Come in for a refresh of your color or select a new color for a quick change. These services include nail shaping, and polish application.

Hands
Feet

Salon Manicure | Salon Pedicure

Experience clean, high-quality services with long lasting results essential to maintaining the health of your skin and nails. Includes nail grooming, resurfacing foot scrub, nourishing lotion and polish application.

Gel Manicure

A complete salon manicure service that includes additional time for Gel Application.

Gel Polish Removal

Gel Polish Removal and Application

Island Manicure | Island Pedicure

Try our most luxurious nail services for a complete aromatherapy journey with your chosen scent. You will be guided through an ultra-rich soak to soften and hydrate your skin, an exfoliation that focuses on dry areas and callus removal, wrapping up with an age-defying lotion and oil combination massage. Includes nail shaping, cuticle treatment, and polish application.

Medi-Pedi

A reimagining of the traditional pedicure doing away with foot filing and scrubs. Elim offers a premium product line with medical-grade ingredients manufactured using pharmaceutical standards. A restorative pedicure with long-lasting results focused on treating dry, cracked heels leaving your skin smooth and with an improved appearance.

NAIL SERVICE ENHANCEMENTS

(add-on to existing nail service)

CBD Target Treatment

Paraffin Treatment

Hands
Feet

French Tip

Gel removal

Gel application

Gel polish removal and application

Hours of Operation

To view the most up-to-date hours of operation, please visit Kiawah Island Club's website at members.kiawahislandclub.com, or call Sasanqua directly at 843.768.5725.

Reservations

Spa reservations are available six weeks in advance. Members may request reservations in-person, via telephone or email, or on the Club website/app. Please note, robes, towels, sandals, and other amenities are provided for your personal use during your visit.

Because demand for Spa services is high, especially on weekends and holidays, we highly recommend that appointments be made or that Members call ahead to determine space availability and ensure optimal relaxation.

Cancellation Policy

As a courtesy to other Members and our service providers, please notify the Spa at least 24 hours in advance if you need to cancel or reschedule your appointment. Any service canceled or rescheduled within 24 hours may be charged in full including same day 'no-shows'.

Arrival

We recommend that you arrive at least 15 minutes prior to your appointment to relax in preparation for your services. Arriving late limits the time available for your treatment, thus lessening its effectiveness and your overall satisfaction.

Phone Etiquette

The Spa is meant to serve as an oasis for its tenants. Please respect other guests' right to relaxation by not using mobile phones or electronic devices within the Spa and/or salon.

Charges and Fees

For your convenience, a 20% gratuity is automatically applied to all services, as is customary throughout the Club. If you'd like to tip an additional amount, please do so at your own discretion.

While visiting the Spa, we welcome you to sit, relax, and enjoy tea, fruit-infused water, and other complimentary refreshments.

The use of Spa amenities—such as the sauna, hot tubs, and steam rooms—requires a fee of \$15 per person per day, and includes one complimentary refreshment. This \$15 charge is waived with the purchase of one Spa service. Please note, calling ahead is required to determine space availability, especially during weekends, holidays, and Club events.

Health Conditions

Please notify our Spa reservation department before booking your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, or if you are pregnant. If at any time during your services you experience discomfort, alert your therapist immediately.

Age Requirements

Guests of the Spa must be at least 12 years of age. Accompanied children may receive treatments with a parent or guardian present. The treatments are performed from a same-gender therapist (excluding facial treatments). Salon services are available for guests of all ages. As a reminder, no children under the age of 18 are permitted to use the steam room, sauna, whirlpool, or specialty showers.

Gift Cards

For your convenience, Club gift cards are available for any of our Spa and salon services. Ask our reception staff for details.



Sasangua

12 RIVER COURSE LANE · KIAWAH ISLAND, SC 29455 · 843.768.5725

SPA PRICE LIST

MASSAGE COLLECTION

Sasanqua Sea Escape	90 min \$255
Full Bloom	90 min / \$255
Kiawah Classic	60 min \$160 / 90 min \$230
Kiawah Deep Relief	60 min \$170 / 90 min \$240
Ashiatsu	60 min \$170 / 90 min \$240
Mom-to-Be	60 min \$165 / 90 min \$235
Performance Stretching	30 min \$100
Targeted	30 min \$100

MASSAGE ENHANCEMENTS & TARGETED OFFERINGS

These enhancement options are included in your scheduled massage and add no additional time.

CBD Therapeutic Treatment	\$25
Cryosphere Therapy	\$25
Warm Stones	\$25
Collagen Mask - Lip	\$15
Collagen Mask - Eye	\$15
Collagen Mask - Face	\$25
Foot Treatment	\$25
Scalp Treatment	\$25
Lotuswei Flower Essence	\$25

BODY TREATMENTS

Botanical Enzyme Body Peel	60 min \$195
Skin Recovery	60 min \$195
Brightening & Smoothing Scrub	60 min \$195
Diamond Body Polish	60 min \$215
Diamond Well Living Ritual	90 min \$275

FACIAL COLLECTION

Signature Organic	60 min \$165 / 90 min \$235
Facial Fusion	60 min \$175 / 90 min \$245
Refreshing	30 min \$100
Gentleman's	60 min \$165 / 90 min \$235
Hydrafacial (no online booking)	30 min \$199 / 60 min \$265 / 90 min \$299
Diamond Energy	60 min \$285 / 90 min \$325
Inhibit Face Lift	90 min \$350
Dermaflash	30 min \$100

FACIAL ENHANCEMENTS

These enhancement options are included in your scheduled facial and add no additional time.

Eminence Mangosteen Lactic Pro Peel 10%	\$35
CBD Target Treatment	\$25
Gua Sha Stone	\$35
Perk Eye	\$40
Perk Lip	\$40
Perk Eye & Lip	\$75

SPA PRICE LIST

HAIR SERVICES

(ala carte, no online booking)

Women's Haircut	\$75
Men's Haircut	\$50
Child's Haircut (Age 10 & Under)	\$40
Shampoo with Blow-dry	\$60
Color Touch-Up	\$100
Partial Highlights	\$100
Full Highlights	\$150
Keratin Smoothing Treatment	\$280

HAIR SERVICE ENHANCEMENTS

(Booked with existing hair services)

Bang Trim	\$15
Brow Tinting	\$30
Face Framing Highlights	\$50
Gloss	\$45
Hair Masque	\$30
Hot tools	\$25

NAIL SERVICES

Polish Change - Hands	\$26
Polish Change - Feet	\$32
Salon Manicure	\$45
Salon Pedicure	\$65
Island Manicure	\$65
Island Pedicure	\$85
Medi-Pedi	\$105
Gel Manicure	\$90
Gel Polish Removal	\$25
Gel Polish Removal and Application	\$60

NAIL SERVICE ENHANCEMENTS

(Add-ons to existing nail services)

CBD Target Treatment	\$25
Paraffin - Hands	\$25
Paraffin - Feet	\$25
French Tip	\$15
Gel Polish Removal	\$25
Gel Application	\$35

WAXING SERVICES

Eyebrow Shaping	\$30
Lash Tinting	\$60
Chin	\$25
Lip	\$25
Underarm	\$30
Back	\$60
Bikini	\$60
Half Leg	\$65
Full Leg	\$85

Prices listed for hair services are "beginning at" and will be adjusted based on the length of hair, condition of hair, and any customization discussed during consultation with a stylist

During hair removal consultation, a price adjustment may be determined.